



SMALL PLATES

Homemade New England Clam Chowder traditional homemade “chowda” made with bacon, potato, onion, milk and cream. Cup \$7 // Bowl - \$9 // with Bread Bowl \$12		Fried Calamari with Cherry Peppers Fried calamari rings and cherry peppers served with a sweet chili sauce.	16
Steamed Mussels * one pound of PEI mussels steamed with garlic, white wine, and butter.	16	Margherita Flatbread homemade tomato sauce, mozzarella cheese and basil.	12
Grilled Avocado grilled avocado topped with corn salsa, black beans, goat cheese and chipotle aioli. Served with tortilla chips.	17	BBQ Chicken Flatbread BBQ sauce, grilled chicken, red onions, mozzarella cheese and scallions.	14
Chilled Oysters ** order by the each, half dozen, or dozen. Served with horseradish, cocktail sauce and lemon.	Market Price	Tia's Nachos * fresh tortilla chips with melted cheeses, tomato corn salsa, guacamole, sour cream, lettuce and jalapenos. with grilled chicken \$21 // with ground beef \$21	16
Boneless Chicken Tenders hand floured and fried tenders. plain, buffalo, or BBQ blue cheese or ranch dressing.	15	Super Pretzels three warm pretzel sticks served with a cheese dipping sauce.	12
Fried Coconut Shrimp tail on shrimp coated with shredded coconut and deep fried served with honey ginger sauce.	16	Spinach & Artichoke Dip * spinach, artichokes, blended cheeses served warm with fresh tortilla chips.	16

SALADS

Add protein to any salad: add chicken \$6 | add shrimp \$12 | add scallops \$15

Caesar Salad romaine lettuce, Parmesan cheese, croutons, and Caesar dressing.	12	Cobb Salad mixed greens lettuce, chopped egg, chopped bacon, avocado, cherry tomatoes and crumbled blue cheese. Served with Balsamic vinaigrette dressing.	14
Tia's Chopped Salad iceberg lettuce, cucumber, avocado, cherry tomatoes tossed in blue cheese dressing and drizzled with a balsamic glaze.	12	Strawberry Salad mixed greens lettuce, baby arugula, spinach, feta cheese, strawberries, blueberries and candied walnuts all tossed in a Strawberry-Dijon vinaigrette.	18

BURGERS + SANDWICHES + TACOS

Hamburger ** 8oz hand-formed patty cooked to your liking and topped with lettuce, tomato, pickle and onion. Served with French fries. \$16 with cheese \$16.50 with cheese and bacon \$18.50		California Turkey Club Sliced turkey, lettuce, tomato, bacon, avocado and mayonnaise.	17
Impossible Burger plant-based patty topped with lettuce, tomato, pickle and onion. Served with French fries.	16	Buffalo Chicken Caesar Wrap Boneless buffalo chicken, Romaine lettuce, crumbled blue cheese and Caesar dressing in a tortilla wrap. Served with French fries.	16
Fresh Lobster Roll Fresh lobster meat served on a bed of lettuce inside a toasted hot dog roll. Choose from cold with mayonnaise, or warm with butter. Served with French fries.	32	Grilled Swordfish Tacos two soft taco shells stuffed with grilled swordfish, shredded lettuce and tomato corn salsa and topped with sour cream. Served with a side of homemade Cole slaw.	20
Fried Fish Sandwich Fresh cod deep fried served on a brioche bun with lettuce and tomato. Served with French fries and a side of tartar sauce.	19	Tia's Grilled Chicken Tacos two soft taco shells stuffed with grilled chicken, shredded lettuce and tomato corn salsa and topped with sour cream. Served with a side of homemade Cole slaw.	16
Grilled BBQ Chicken Sandwich A grilled chicken breast, BBQ sauce, melted pepper-jack cheese, lettuce and tomato served on a brioche bun. Served with French fries.	16	Tia's Steak Tacos two soft taco shells stuffed with grilled sirloin steak tips, shredded lettuce and tomato corn salsa and topped with sour cream. Served with a side of homemade Cole slaw.	18

* gluten free options available please notify your server of any food allergies before ordering.
+ Food items are served raw or cooked to order. Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



FRIED SEAFOOD

All our fried seafood is drenched in milk and corn flour and then deep fried until golden brown.
Served with French fries, Cole slaw and tartar sauce.

Fish and Chips fresh cod \$25	25	Fried Scallops	32
Fried Shrimp	28	Fisherman's Platter shrimp, scallops and cod	34

BAKED SEAFOOD

Baked Seafood entrées comes with a choice of 2 sides: steamed broccoli, grilled asparagus, French fries, Corn on the Cob, Roasted Red Potatoes, Rice Pilaf, or Cole slaw.

Baked Scrod fresh cod topped with Tia's Ritz crumb cracker topping.	28	Baked Scallops Fresh Sea scallops topped with Tia's Ritz cracker topping.	32
Baked Seafood Casserole Shrimp, Sea scallops, and fresh cod.	34		

PASTA

Summer Vegetable Primavera Sauteed summer vegetables in a garlic white wine lemon butter sauce, tossed with penne pasta and topped with grated parmesan cheese.	20	Seafood Fra Diavolo Shrimp, scallops, salmon, and mussels all sauteed and tossed in a spicy marinara sauce with linguini.	35
Lobster Ravioli Lobster and cheese stuffed ravioli in a tomato cream sauce and topped with chopped lobster meat.	32	Homemade Mac and Cheese A creamy blend of four cheeses melted together and topped with Ritz cracker crumbs.	20
Chicken, Broccoli Alfredo sauteed chicken, broccoli, penne pasta all tossed in a homemade creamy Alfredo sauce.	22	Lobster Mac and Cheese Our homemade mac and cheese sauce, lobster and penne pasta topped with Ritz crumbs.	33
Lobster and Shrimp Scampi Lobster and shrimp sauteed in garlic, white wine, lemon and butter tossed with linguini and sprinkled with parmesan cheese.	34	Buffalo Chicken Mac and Cheese Mac and cheese with fried boneless buffalo chicken and Ritz cracker crumbs.	24

FROM THE GRILL

comes with a choice of 2 sides: steamed broccoli, grilled asparagus, French fries, Corn on the Cob, Roasted Red Potatoes, Rice Pilaf, or Cole slaw.

Grilled Marinated Chicken Breast Two 7oz boneless skinless breasts.	22	Grilled Swordfish Steak 8oz Loin steak	30
Grilled Marinaded BBQ Steak Tips 12oz BBQ marinated	25	Grilled New York Sirloin Steak 12oz steak topped with truffle butter.	34
		Pan Seared Salmon pan seared salmon with a lemon sage butter sauce.	32

One-pound Steamed Lobster Market Price
served with French fries, Corn on the cob and Cole slaw.

SIDES

Basket of French fries 6	Chips and Tomato Corn Salsa 10
Roasted Red Potatoes 6	Corn on the Cob 6
Basket of Truffle Fries 7.50	Grilled Asparagus 6
Steamed Broccoli 6	Rice Pilaf 6

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